

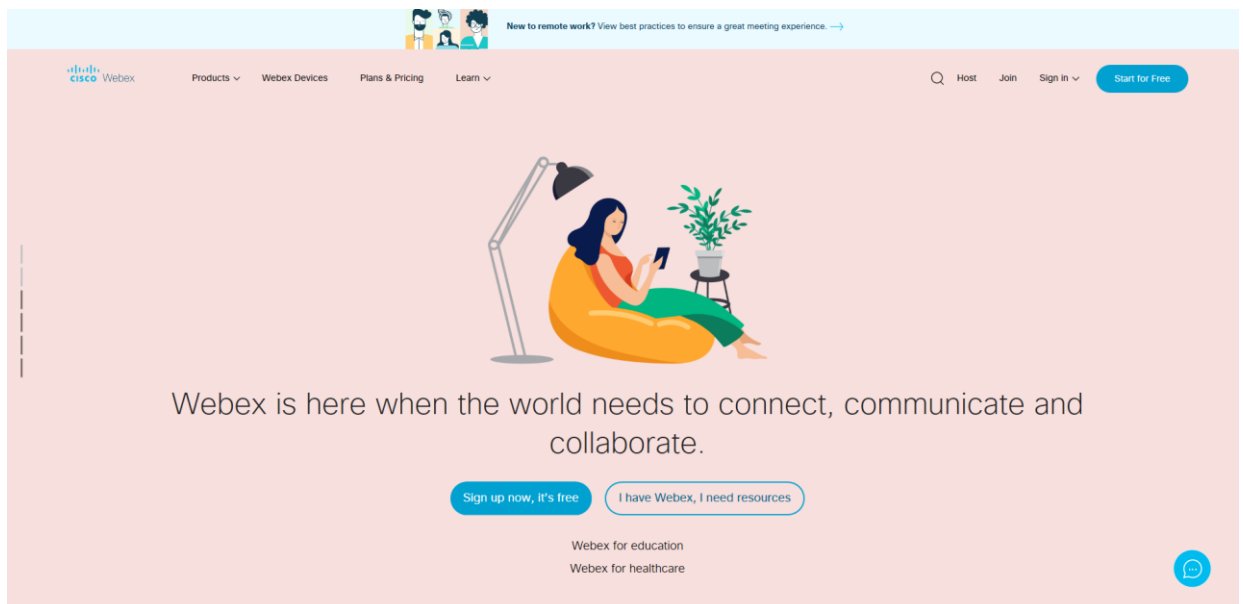
Using Cisco WebEx Meetings to Video Chat with your Doctor or Nurse

Preparing to video chat with your doctor or nurse on a web browser:

1. Your doctor or nurse will likely contact you via phone call or text to organise a time to meet virtually. Your doctor or nurse will provide you with a meeting number and a password.
2. Please ensure your computer has the ability to video chat i.e. has a web camera, microphone and speaker/headphones.
3. Please ensure you use Google Chrome or Firefox to video chat via web browser.

Video chatting with your doctor or nurse on a web browser:

1. Open your Chrome or Firefox web browser.
2. Go to www.webex.com (you do not need to create an account).
3. In the top right hand corner, click on 'Join'.



4. Enter the meeting number provided by your nurse/doctor and press enter.
5. Enter the password provided by your nurse/doctor.
6. Ensure your camera, microphone and speaker/headphones are on.
7. Click 'Join Meeting'.
8. Enter your name and email address as prompted and select 'Next'.
9. Enter the password provided by your nurse/doctor again and click 'Next'.
10. Select 'Join Meeting'.